



Medical Referral Form for Women and Infants

Massachusetts WIC Program

Mother's name: _____

Infant's name: _____

Infant's DOB: _____

Clinician: Please complete this section - WIC eligibility will depend on this information.
Applicant authorization appears on the reverse side of this form.

EDD ____ / ____ / ____ Pregravid weight _____ lb
Date prenatal care began ____ / ____ / ____
Gravida ____ Para ____ #TAB ____ #SAB ____
Date of prior delivery / termination, if any: ____ / ____ / ____
Vaginal ____ C/S ____
Date of delivery / termination ____ / ____ / ____
Weeks gestation ____ Weight at labor ____ lb
Postpartum weight _____ lbs
Date ____ / ____ / ____

For women and infants >6 months:

One blood test required Date taken: _____

HGB _____ gm ____ / ____ / ____
or
HCT _____ % ____ / ____ / ____

For pregnant women, blood must be taken for current pregnancy. For postpartum women, blood must be taken after delivery.

For infant:

Birth weight _____ lb _____ oz

Birth length _____ in

Current weight _____ lb _____ oz

Current length _____ in

Date ____ / ____ / ____

Update immunization book or attach copy of record or give dates:

	DTaP	Polio	MMR	Hib	Hep B	VZV	PCV 7
First							
Second							
Third							
Fourth							

Please note all that apply:

Woman

- ☐ Hypertension
- ☐ Diabetes/gestational diabetes
- ☐ Smoking
- ☐ Substance abuse, _____
- ☐ Eating disorder, _____
- ☐ Chronic asthma
- ☐ Iron deficiency anemia
- ☐ Depression / mental illness / retardation
- ☐ Please provide breastfeeding support

Woman Infant

- ☐ ☐ Traumatic injury / burns / surgery
- ☐ ☐ Infectious disease, _____
- ☐ ☐ Congenital anomaly, _____
- ☐ ☐ Food allergy or intolerance, _____
- ☐ ☐ Rx medication, _____
- ☐ ☐ Other medical concerns: _____

signature of clinician _____

clinician's name (please print) _____

phone _____

fax _____

date ____ / ____ / ____

health center / hospital _____

street _____

city _____

zip _____

Send completed form to:



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Applicant Authorization: Please complete this section.

Your name _____
(Print Name)

Infant's name _____
(Print Name)

Street _____ Apt. _____

City _____ Zip _____

Phone ____ - ____ - ____

Mother's date of birth ____ / ____ / ____

On WIC before? Yes ☐ No ☐

Infant's date of birth ____ / ____ / ____

Language spoken _____

I, _____ give permission to _____
(Print Name) (Doctor, Nurse, Healthcare Provider)

to release to WIC information on the MRF, which appears on the other side of this form, for determining my nutritional risk for WIC eligibility.

- I understand that I do not have to give my doctor, nurse, or healthcare provider permission to share information about me and my child with WIC. If I choose not to give this permission, to receive WIC benefits I will need to give permission directly to WIC to obtain my height, weight, and bloodwork and my infant's length and weight at the WIC office.
- I understand that I can change my mind and cancel this permission at any time. To do this, I need to write a letter to my provider and send it or bring it where I am now giving permission:

(address of Doctor, Nurse, Healthcare Provider)

If the information has already been given out, I understand that it is too late for me to change my mind and cancel the permission.

Authorized Signature: _____

Relationship to Participant: _____

Date: ____ / ____ / ____

This authorization is valid for 60 days after the date the health information (height/weight) is obtained.

WIC staff are required to follow federal law to protect WIC participant confidentiality and cannot re-disclose WIC applicant or participant information except with written consent or as required by law.

(see over)

For WIC use	initials
Date rec'd _____	_____
Appt. _____	_____
Appt. _____	_____
WIC # _____ (W)	WIC # _____ (I)